

PERSONAL HYGIENE / SANITARY PAD PROJECT

Provide personal hygiene items for women in areas where these items are not readily available.

Impact

Cause: Improve female education and confidence by eliminating the need for girls to miss school due to their periods.

Beneficiaries: Countries that have limited or no access to personal hygiene products results in female students missing school because of the lack of accessibility. This lack of necessity negatively impacts their education and future opportunities.

Project description: This program is a great opportunity to enable female students to continue educational opportunities their emotional and spiritual growth will be aided.

To begin, the program leader will contact an existing non-profit to obtain the pattern and determine donation method.

After the program leader has organized and purchased supplies, the volunteers will work side-by-side to follow the sewing pattern for girls in need.

Finally, the group will donate the completed items according to the preferred donation method required by the benefiting non-profit.

Volunteer Benefits

This project will provide volunteers with a humbling opportunity to strengthen their spiritual fruits of kindness. “Do not withhold good from those to whom it is due when it is in the power of your hand to do so” Proverbs 3:27 (NIV).

Participation Requirements

Moderate sewing skills and a sewing machine are necessary to complete this program. Age is not a limiting factor.

This project is expected to produce an outcome of several dozen products dependent on the selected pattern and number of participants.

Recommendations

Project budget: \$500.00 maximum grant

Group size: 5 participants minimum

Locations: Facility with multiple electrical outlets

Event duration: 4 to 6 hours

Creating awareness:

- Church bulletin
- Facebook group
- Email list

Let's do this!

- Research organizations to sew for, confirm the pattern they use and determine method of delivery.
[The Pad Project – Too Little Children](#)
[Sanitary Pad Project – The GODS CHILD Project](#)
- Create an event, invite, and confirm the number of participants.
- Submit Grant Form to hilltopoutreach@foundationoutreachintl.org for a maximum of \$500.00 grant funding.
- Purchase items, assign roles, and host the event!
- Share! Take plenty of selfies and videos to inspire others to get involved #hilltopoutreach.

We'd love to see and hear your feedback! Please send a note and pictures capturing the event's success back to the Hilltop Team!