

# **CHILDREN'S HOSPITAL KITS**

Assemble kits with comfort or entertainment items for children experiencing a health crisis

# Impact

**Cause:** Uplift the spirit and mood of children and youth currently experiencing a health crisis.

**Beneficiaries:** Hospitalized children experience mental health decline due to treatment for serious illness, sensory deprivation during hospitalization, medications, and lengthy recovery. The creation of care kits benefits these children by providing items that will stimulate mood improvement, with the goal of helping them reach their full health potential.

**Project description:** Volunteers will work together to arrange kits to send to children admitted to the hospital. The program leader will contact local hospitals to determine a list of items that are in need and the preferred method for donation drop-offs.

After the program leader has organized and purchased supplies, the group will prepare the kits in an assembly-line fashion.

Finally, the group will either travel to the hospital to personally donate the kits or follow the preferred donation method required by the benefiting hospital.

## **Volunteer Benefits**

This project will teach the volunteers how to work together, give back to the community, and practice compassion for those experiencing a health crisis.

# **Participation Requirements**

This activity is suitable for all ages and abilities. No special training, waivers, or skills are required to participate.

This program is expected to produce 30 to 50 kits with the maximum grant of \$500.00 provided by the Hilltop Outreach Program.

## Recommendations

Project budget: \$500.00 maximum grant

Group size: 10-12 participants

Expected output: 30-50 kits

Locations: Smoke free residence or church hall

Event duration: 2-3 hours

#### Creating awareness:

- Church bulletin
- Facebook group
- Email list

# Let's do this!

Contact your local children's hospitals to determine items they need.

Create an event, invite and confirm the number of participants.

Submit Grant Form to <u>hilltopoutreach@foundationoutreachintl.org</u> for a maximum of \$500.00 grant funding.

Purchase items, assign roles, and host the event! Purchase items and host the event!

Share! Take plenty of selfies and videos to inspire others to get involved #hilltopoutreach.

We'd love to see and hear your feedback! Please send a note and pictures capturing the event's success back to the Hilltop Team!